



Join us anytime for a fun-filled fitness adventure!
 This is a calorie burning fitness class with a Latin flavor.
 Through International Latin rhythms you will tone your core,
 elevate your heart rate and strengthen your body.
 No dance experience necessary.

Mondays & Wednesdays
6-7pm

September	October	November	December
Mon- \$26 for 4 classes	Mon- \$26 for 4 classes	Mon- \$26 for 4 classes	Mon- \$26 for 4 classes
Wed- \$26 for 4 classes	Wed- \$26 for 4 classes	Wed- \$26 for 4 classes	Wed- \$19.50 for 3 classes

Try the class for an \$8 drop-in fee.

Classes are held at Crosby Recreation Center
 1610 E. Crosby Rd. Carrollton, TX 75006
 972-466-9810

Register online at www.cityofcarrollton.com/signupnow

