

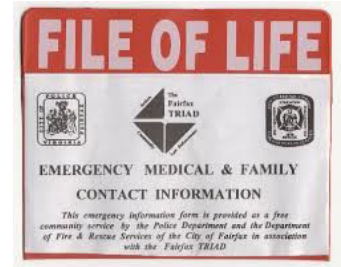
# July 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
While the Senior Center is closed, Senior Center memberships are accepted at Rosemeade and Crosby Recreation Centers.		1 10:30am Bingo w/prizes	2 1:30pm ACT Drama group	3 11am Virtual 4th of July Concert & In-N-Out Burger Drive Through	4
6 10am Knit & Crochet	7	8 10:30am Bingo w/prizes	9 10am Book Club 1:30pm ACT Drama group	10	11
13 10am Knit & Crochet	14	15 10:30am Bingo w/prizes	16 1:30pm ACT Drama group	17	18
20 10am Knit & Crochet	21	22 10:30am Bingo w/prizes	23 11am Patriot Paws Zoom tour, demo/Q&A 1:30pm ACT Drama group	24	25
27 10am Knit & Crochet	28	29 10:30am Bingo w/prizes	30 1:30pm ACT Drama group	31	

Registration for all virtual programs can be completed by emailing Shelby Carradine, Recreation Coordinator at shelly.carradine@cityofcarrollton.com. She will send you simple directions, connect you to the group/activity you are interested in and get you in contact with the proper person. We encourage you to try the virtual activities even if you haven't been a part of the groups before. New and friendly faces are always welcome.

Members and participants are encouraged to contact Senior Advisory Council President Jim Rogers at 214-450-8420 or jimrogers555@verizon.net for any assistance with the Zoom video conferencing tool used by the Carrollton Senior Center for current virtual programs.

The File of Life is a red plastic magnetic file folder that attaches to your refrigerator. The file contains vitally important information about you so that emergency medical professionals have quick access to your basic medical information along with physician information and emergency contacts. These can be picked up at Rosemeade or Crosby Recreation Center.



The City of Carrollton is happy to be giving away free hand sanitizer. Bottles can be picked up at Rosemeade or Crosby Recreation Center.