Wash Your Hands After...

1. Using the toilet
2. Touching uncooked poultry, fish or eggs
3. Interrupting food prep (i.e. handling money)
4. Eating, smoking or chewing gum
5. Touching soiled plates, utensils, or equipment
6. Taking out the trash
7. Touching nose, mouth or any part of body
8. Sneezing or coughing

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